



الرابطة العمانية لجراحة العظام والمفاصل  
ORTHOPEDIC SOCIETY OF OMAN



## Annual Conference of Orthopaedics Society of Oman (OSO) 2019

07-09 March 2019

Hormuz Grand Hotel, Muscat

Time	Topic	Presenters
<b>Pre-conference</b>		
0800-0900	<b>Registration and Reception</b>	
0900-0400	<b>Muscat MSK Rehabilitation Course</b>	
0900-0400	<b>Pain Management and Wound Care</b>	
0900-0400	<b>Hands on Cadaveric Workshop: Knee Arthroplasty (limited seats available)</b>	
<b>Day 1</b>		
0730-0810		<b>Registration</b>
<b>0810-0815</b>	<b>Welcome Speech</b>	<b>Dr Ahmed Al Jahwari</b>
<b>0815-0945</b>	<b>ADULT RECONSTRUCTION SESSION I: HIP</b>	Chairmen: Dr. Mohamed Al Ateeq Dr. Bader Al Marboui

0815-0830	Surgical approaches to Total Hip: what is best?	Dr. Salim Al Busaidi
0830-0845	Tips and Tricks in Total Hip Replacement	Dr. Sultan Al Maskari
0845-0900	Peri-prosthetic Joint Infection: challenges in management	Dr. Mohammed Al Mutani
0900-0915	DVT prophylaxis and management in TJA update	Dr. Bader Al Rawahi
0915-0930	Management of Peri-prosthetic Femoral Fractures	Dr. Ahmed Al Rashdi
0930-0945	<b>Discussion</b>	
<b>0945-1030</b>	<b>Opening Ceremony &amp; Exhibition Tour</b>	<b>Dr. Sultan Al Maskari Dr. Ahmed Saif Al Jahwari</b>
<b>1030-1200 ADULT RECONSTRUCTION SESSION II: KNEE</b>		
		<b>Chairmen: Dr. Sultan Al Maskari Dr. Ahmed Al Rashdi</b>
1030-1045	Impact of Rotational Deformity & PCL on TKR	Dr. Abdallah Al Malki
1045-1100	Uni-condylar knee replacement, the come back	Dr. Said Al Thani
1100-1115	Reverse Polarity Shoulder Arthroplasty: Relevance & Limitations	Dr. Ayman Al Amri
1115-1130	The Unhappy Total Knee patient	Dr. Joel Coutinho
1130-1145	Post Total Knee Arthroplasty rehabilitation	Said Al Yaroubi
1145-1200	Updates on Elbow Arthroplasty	Dr. Majid Eltayeb
1200-1215	<b>Discussion</b>	
1200-1330	<b>Friday Prayer and Lunch</b>	
1330-1445	<b>Paediatric Orthopaedics</b>	

<b>1330-1445</b>	<b>SESSION I: DEVELOPMENTAL DYSPLASIA OF HIP (DDH)</b>	<b>Chairmen: Prof . Maamoon Kremli Dr. Ali Redha</b>
1330-1345	To screen or not to screen?	Dr. Yaqoob al Mufargi
1345-1400	Infant hip ultrasound	Dr. Hussain Al Balushi
1400-1415	Treatment of DDH before walking age	Dr. Ali Redha
1415-1430	Treatment of DDH after walking age	Prof. Maamoon Kremli
1430-1445	Pelvic Osteotomies in DDH	Prof. Maamoon Kremli
1445-1500	<b>Discussion</b>	
1500-1515	<b>Coffee Break</b>	
<b>1515-1645</b>	<b>SESSION II: SLIPPED CAPITAL FEMORAL EPIPHYSIS (SCFE) &amp; PERTHES</b>	<b>Chairmen: Dr. Yaqoob AL Murfagi Dr. Masoud Al Abdali</b>
1515-1525	SCFE: Clinical presentation	Dr. Tariq Sheikh
1525-1535	Pinning in SCFE	Dr. Ali Redha
1535-1545	Open reduction in SCFE	Dr. Masoud Al Abdali
1545-1600	Hip management in Cerebral Palsy	Prof. Maamoon Kremli
1600-1610	Perthes Disease: Clinical presentation	Dr. Abdullah Al Ajmi
1610-1625	Treatment principles of Perthes disease	Prof. Maamoon Kremli
1625-1630	<b>Discussion</b>	

1630-1640	Acute Haematogenous infection in paediatrics	Zaid Al Hinai
1640-1650	ACSM guidelines for paediatric fitness	Asiya Al Quraishi
<b>1650-1730</b>	<b>General Assembly of the OSO</b>	
<b>Day 2</b>		
0730-0800	<b>Registration</b>	
<b>0800-0930</b>	<b>AO Trauma Symposium (Polytrauma, Pelvic and Acetabular Fractures)</b>	
	Chairperson –Dr.Narayan	
<b>0930-0945</b>	<b>KEYNOTE LECTURE: ‘Zero Preventable Death’.</b>	<b>Dr Abdulla Al Harthi DGKH</b>
0945-1000	<b>Coffee Break</b>	
1000-1200	<b>Trauma</b>	<b>Chairmen: Dr.Said Al Kalbani Dr.Ayman Al Amri</b>
1000-1010	Open fracture: what really decrease infection rate	Dr. Mohammed Al Kindy
1010-1020	Compartment syndrome: how to stay out of trouble?	Dr. Omar Al Mahrooqi
1020-1030	Proximal Humerus Fractures	Dr. Said Al Kalbani
1030-1040	Scaphoid fracture: tips and tricks	Dr. Gopal
1040-1050	Post lower limb trauma rehabilitation	Omar Al Tamimi
1050-1100	Femoral neck fracture in elderly: Hemi vs THR	Dr. Ahmed Yaseen
1100-1110	Ipsilateral neck and shaft fracture: best fixation option?	Dr. Rahil Muzzafar
1110-1120	Thoracolumbar fractures: basics of Management	Dr. Khalifa Al Ghafri
1120-1130	Lisfranc injury in athletic: ORIF vs Primary arthrodesis	Dr. Ahmed Al Rashdi
1130-1140	Calcaneal fractures management: what the literature say?	Dr. Hamed Al Hinai

1140-1150	The timing of fracture care: getting through the night	Dr. Hassan AL Lawati
1150-1200	<b>Discussion</b>	
1200-1300	<b>Lunch Break</b>	
1300-1600	<b>Bone Health and Osteoporosis</b>	
<b>1300-1415</b>	<b>SESSION I: MISCELLANEOUS PATHOLOGY</b>	<b>Chairmen: Dr. Saleh Al Azri Dr. Salim Al Busaidi</b>
1300-1315	Septic joint: diagnosis and management	Dr. Bader Al Marboui
1315-1330	Osteomyelitis: pathogenesis, clinical and therapeutic challenge	Dr. Kawther Al Aamri
1330-1345	Drug resistant bacterial MSK infections: do we have a problem in Oman?	Dr. Saleh / Dr. Abdulla
1345-1400	Bone lesions: broad spectrum	Dr. Salim Al Busaidi
1400-1415	Pathological fracture; How to approach?	Dr. Vasudev Aithal
1415-1430	<b>Discussion</b>	
1430-1500	<b>Coffee Break</b>	
<b>1500-1615</b>	<b>KEYNOTE LECTURE: Is there an insufficiency fracture problem in developing countries?</b>	<b>Dr Ahmed Al Jahwari</b>
<b>1515-1630</b>	<b>SESSION II: OSTEOPOROSIS</b>	<b>Chairmen: Dr. Abdulrazzaq Dr. Ranjit</b>
1515-1530	Update on Kyphoplasty	Dr Abdulrazzaq Al Obaid
1530-1545	Fracture Liaison Service (FLS) for osteoporosis	Dr. Samuel Johnson
1545-1600	What orthopaedic surgeons should know about osteoporosis	Dr Yasir Khuroo

1600-1615 Fragility fracture; Challenges in treatment

Dr. Ranjit

1615-1630

**Discussion & CLOSE**