

## Annual Conference Of Orthopedics Society of Oman (OSO) 2019

### Muscat MSK Rehabilitation Course, 07 March 2019 Insight Post-Surgical Rehabilitation Protocols

#### Workshop Presenters

Omar Al-Tamimi Ch.Physiotherapist SQUH  
Said Al-Yaroubi Sr.Physiotherapist SQUH  
Idris Al-Balushi Ch.Physiotherapist SoharHospital

#### Presentation Lectures

- 1- Pre-Operative Knee Surgery Rehab Protocol
- 2- Post ACL Reconstruction Rehabilitation Protocol  
( Manual and Rehab Program)
- 3- Post Knee Arthroplasty Rehabilitation Protocols  
( Manual and Rehab Program)
- 4- Traumatic Knee Rehabilitation Protocols



#### Hands on Demonstration Practical Session

- 1- Manual Therapy Station
- 2- Exercise Therapy Station
- 3- Functional Exercise Therapy Station



For Registration: <http://www.osoman.org/event/>

For Inquiry: [oso2019reg@gmail.com](mailto:oso2019reg@gmail.com)

Location: Hall of the Institute of Health Sciences, Al Wuttayyah