

INSTRUCTIONAL COURSE LECTURES ON KNEE

THURSDAY 5 MARCH 2020 – 8:00 am to 4:30 pm

AL FAHM HALL, SQU

MORNING SESSION: 8:25 – 12:00

WELCOME: 8:25 – 8:30

TIME	TOPIC	SPEAKER	REMARKS
8:30 – 10:00	SETTING THE SCENE	MUTANI / Ghannami	FOUNDATIONAL PRINCIPLES
8:30 – 8:45	Anatomy, kinematics & biomechanics	Dr Mohamed Fawzy, Nizwa, Oman	
8:45 – 9:00	Knee Radiology	Dr Sameer Raniga, SQUH, Oman	
9:00 – 9:15	Knee Radiology	Dr Sameer Raniga, SQUH, Oman	
9:15 – 9:30	Gait analysis in Healthy & OA knee	Dr Fatma Mohsin, KH, Oman	
9:30 – 9:45	Knee OA: a Middle Eastern patient's perspective	Dr Ahmed Al Rashdi, AFH, Oman	
9:45 – 10:00	Congenital Anomalies	Dr Abdullah Al Ajmi, KH, Oman	
10:00 – 10:30	BREAK		
10:30 – 12:00	ARTHRITIC KNEE	YASEEN / RASHDI	
10:30 – 10:45	Understanding knee OA: advances in classification	Dr Bader Al Marboui, Buraimi, Oman	
10:45 – 11:00	Local Response to Intra-articular Knee Injury	Dr Mohamed Al Mutani, Oman	
11:00 – 11:15	Early Knee OA Management	Dr Devdas, Buraimi, Oman	
11:15 – 11:30	Management of Moderately Severe knee OA	Dr Ahmed Yaseen, SQUH	
11:30 – 11:45	Surgical Options & Results for knee OA	Dr Jatinder Luthra, KH	
11:45 – 12:00	DISCUSSION		
12:00 – 13:00	LUNCH		

AFTERNOON SESSION: 13:00 – 16:30

TIME	TOPIC	SPEAKER	REMARKS
13:00 – 14:30	SPORTS INJURIES	SAWAFI / ABU TALIB	
13:00 – 13:15	Anatomy of ALL Complex & Lateral tenodesis	Dr Philippe Landreau, France	
13:15 – 13:30	Understanding & management of Meniscal Injuries	Dr Raid Abu Taleb, KSA	
13:30 – 13:45	Multiligament injury Management	Dr Jacob Varghese, India	
13:45 – 14:00	How to perform a PCL reconstruction and positioning assessment	Dr Philippe Neyret, France	
14:00 – 14:15	Management & Results of ACL Injury	Dr Philippe Landreau, France	
14:15 – 14:30	Discussion		
14:30 – 15:00	BREAK		
15:00 – 16:30	MISCELLANEOUS	BALUKI / SAQRI	
15:00 – 15:15	Understanding & management of PFJ Instability	Dr Saleh Al Sawafi, Oman	
15:15 – 15:30	Subchondral marrow lesions	Prof. Pietro Randelli, Italy	
15:30 – 15:45	Skeletally Immature Knee & Sports	Dr Wafa Al Baluki, SQUH	
15:45 – 16:00	tumors around the knee	Dr Salim Al Busaidi, Oman	
16:00 – 16:15	Septic arthritis of the knee – update on diagnosis & management	Dr Hood Al Saqri, Oman	
16:15 – 16:30	Kinematic vs Mechanical Alignment in TKR	Dr Swailem Al Ghannami, Oman	
16:30	CLOSE		