

DAY 1: FRIDAY 6 MARCH 2020

HALL A, B & C: MORNING SESSION: 9:00 – 11:00

TRAUMA & OSTEOARTHRITIS OF THE KNEE

TIME	TOPIC	SPEAKER	REMARKS
9:00 – 11:00	GENERAL	JAHWARI / NEYRET	
9:00 – 9:20	Knee osteoarthritis: Overuse and instability	Philippe Neyret, France	
9:20 – 9:40	Meniscus Root & Knee OA	Philippe Landreau, France	
9:40 – 10:00	Management of Post-traumatic Knee Pain & Stiffness	Joel Coutinho, Oman	
10:00 – 10:20	Knee Arthroplasty-considerations to rotational deformity and PCL: 40 years ME experience	Abdallah Al Malki, Egypt	
10:20 – 10:40	Use of registry data to improve health cost and delivery of orthopaedic services – Global perspectives	Per Kjaersgaard-Andersen, Denmark	
10:40 – 11:00	DISCUSSION		

11:00 – 12:00	OPENING CEREMONY & EXHIBITION TOUR	Under the patronage of H.E. Nasser Al Kindi	Secretary General of Royal Court Affairs
12:00 – 13:30	LUNCH & PRAYER		

HALL A: AFTERNOON SESSION: 13:30 – 17:00

THEME: AO TRAUMA SYMPOSIUM



TIME	TOPIC	SPEAKER	REMARKS
13:30 – 15:00	TRAUMA 1	NARAYAN / WAHID	
13:30 – 13:40	Introduction	N Ramachandran, Oman	
13:40 – 13:55	Classification Of Open Fractures	Ahmed Yaseen, Oman	
13:55 – 14:05	Emergency Management	T Sheikh, Oman	
14:05 – 14:15	Guidelines For Wound Debridement	Y Al Mufargi, Oman	
14:15 – 14:30	Irrigation Controversies	N Ramachandran, Oman	
14:30 – 14:45	Skeletal Fixation In Open Fractures	V Aithal, Oman	
14:45 – 15:00	DISCUSSION		
15:00 – 15:30	BREAK		
15:30 – 17:00	TRAUMA 2	SHEIKH / AITHAL	
15:30 – 15:50	Soft Tissue Reconstruction	G Malhotra, Oman	
15:50 -16:05	Bone Grafting	WA Wahid, Iraq	
16:05 – 16:20	Vascular Injuries	A El Sharawy, Oman	
16:20 – 16:30	Limb Salvage Vs Amputation	WA Wahid, Iraq	
16:30 – 16:40	Management Of Infected Non-Union	Ali Kashoob, Russia	
16:40 – 16:55	Discussion		
16:55 - 17:00	Summary / Reflection / Closure	V Aithal, Oman	

HALL B: AFTERNOON SESSION: 13:30 – 17:00

THEME: ARTHROPLASTY

TIME	TOPIC	SPEAKER	REMARKS
13:30 – 15:00	KNEE	MUTANI / MANZARY	
13:30 – 13:45	Obtain & maintain ZERO % Infection in TKR: a dream come true	Mojieb Manzary, KSA	
13:45 – 14:00	Extended indications of medial	Philippe Neyret, France	

	Unicompartmental arthroplasty: Evidence		
14:00 – 14:15	Robotics in Knee Arthroplasty	Ali Al Belooshi, UAE	
14:15 – 14:30	TKR results with & without Navigation	Munaf Hatem, Poland / Oman	
14:30 – 14:45	DEBATE: Tibial Tray	M. Manzary: for “all poly tray”. Vs. A. Rashdi: for “metal backed tray”	
14:45 – 15:00	DISCUSSION		
15:00 – 15:30	BREAK		
15:30 – 17:00	HIP	RASHDI / BELOOSHI	
15:30 – 15:45	Total Hip Replacement in Adolescent Patient	Per Kjaersgaard-Andersen, Denmark	
15:45 -16:00	THR in SCD	Mohamed Al Mutani, Oman	
16:00 – 16:15	Total hip replacement after failed surgical fixation of acetabular fracture	Jatinder Luthra, Oman	
16:15 – 16:30	Treatment Options and Results of IT Fractures	Ahmed Yaseen, Oman	
16:30 – 16:45	DEBATE: Bearing Surfaces	M. Manzary: for “ceramic on ceramic” Vs. M. Mutani: for “ceramic on poly”	
16:45 – 17:00	DISCUSSION		
17:00	CLOSE		

HALL C: AFTERNOON SESSION: 13:30 – 17:00

THEME: SPINE

TIME	TOPIC	SPEAKER	REMARKS
13:30 – 15:00	SPINE 1	JAHWARI / AYDINGOZ	
13:30 – 13:45	updates on Kyphoplasty for osteoporotic fractures	Abdulrazzaq Al Obaid, Kuwait	
13:45 – 14:00	Degenerative scoliosis: treatment options & long term results	Harish Hegde, India	

14:00 – 14:15	Post-discectomy Syndrome: When & Why Decompression / Discectomy Fails?	Ahmed Al Jahwari, Oman	
14:15 – 14:30	Changes in the aging spine	Onder Aydingoz, Turkey	
14:30 – 14:45	Spinal Canal Stenosis: treatment options & long term results	Khalifa Al Ghafri, Oman	
14:45 – 15:00	DISCUSSION		
15:00 – 15:30	BREAK		
15:30 – 17:00	SPINE 2	GHAFRI / OBAID	
15:30 – 15:45	The use of Navigation in MIS spine surgery	Abdulrazzaq Al Obaid, Kuwait	
15:45 -16:00	Thoracolumbar spine trauma	Onder Aydingoz, Turkey	
16:00 – 16:15	Adolescent idiopathic scoliosis	Marc Sinclair, UAE	
16:15 – 16:30	Long term results of lumbar spine fusion	Kishore Kumar, Oman	
16:30 – 16:45	Rehabilitation following spinal surgery	Abdullah al Muhaya, KSA	
16:45 – 17:00	DISCUSSION		
17:00	CLOSE		

19:30 – 22:00	CONFERENCE DINNER	SULTAN'S ARMED FORCES MUSEUM: Bait Al Falaj Fort, Al Mujamma St, Bait Al Falaj – Dar Sait.	TICKET HOLDERS ONLY Includes: Live Military Band Music & museum tour
---------------	--------------------------	--	--

DAY 2: SATURDAY 7 MARCH 2020

HALL A: MORNING SESSION: 8:30 – 12:00

THEME: UPPER LIMB

TIME	TOPIC	SPEAKER	REMARKS
8:30 – 10:00	UPPER LIMB	AMRI / SUWAIDI	
8:30 – 8:45	Arthroscopic treatment of shoulder instability	Ahmed Al-Mandhari, Oman	
8:45 – 9:00	Developments in surgical treatment for shoulder joint arthritis	Magid El Tayeb, UAE	
9:00 – 9:15	Vascularised Bone Graft in Scaphoid Non-union	Ahmed Al Wahaibi, Oman	
9:15 – 9:30	Shoulder arthroplasty in Sickle cell patients with AVN humeral head	Ayman Al Amri, Oman	
9:30 – 9:45	CAM rehab program for shoulder surgery	Omar Al Tamimi, Oman	
9:45 – 10:00	DISCUSSION		
10:00 – 10:30	BREAK		
10:30 – 12:30	UPPER LIMB	DHAR / TAYEB	
10:30 – 10:45	Rotator cuff tears: long term results	Pietro Randelli, Italy	
10:45 – 11:00	Treatment options in proximal humeral fractures in the elderly	Ali Al Suwaidi, UAE	
11:00 – 11:15	Adipose derived mesenchymal stem cells in rotator cuff tears	Pietro Randelli, Italy	
11:15 – 11:30	Enysthopathies of the upper limb: update on management options	Dinesh Dhar, Oman	
11:30 – 11:45	Scapular dyskinesia	Magid El Tayeb, UAE	
11:45 – 12:00	Diagnostic Approaches to Ulnar Sided Wrist Pain	Ahmed Abdelnaiem, Oman	

12:00 – 13:30	LUNCH		
---------------	--------------	--	--

HALL A: AFTERNOON SESSION: 13:30 – 16:00

THEME: MISCELLANEOUS (OSTEOPOROSIS, ENISTHOPATHIES & TENDINOPATHIES)

TIME	TOPIC	SPEAKER	REMARKS
13:30 – 15:00	MISCELLANEOUS	GHAITHI / RANDELLI	
13:30 – 13:45	External fixation in upper limb	Sultan Al Maskari, Oman	
13:45 – 14:00	Treatment options for Achilles tendinopathy	Samuel Johnson, Oman	
14:00 – 14:15	Neuropathic pain: diagnosis & management	Rohit Date, Oman	
14:15 – 14:30	Diagnostic & therapeutic approaches for hip AVN	Ahmed Al Ghaithi, Oman	
14:30 – 14:45	Osteotomies for knee OA	Ali Kashoob, Russia	
14:45 – 14:55	Percutaneous Reamer Grafting in Closed Exchange Nailing of Femur Non-union	Jamshid Etemadi, Ibri, Oman	
14:55 – 15:05	Improving stability of proximal femoral fractures	Vijay Shanmugam, Ibri, Oman	
15:30 – 16:00	VOTE OF THANKS & CLOSING REMARKS		HALL A , B & C

16:00 – 17:00	OSO GENERAL ASSEMBLY & BOARD ELECTIONS		OSO MEMBERS ONLY
---------------	---	--	-------------------------

HALL B: MORNING SESSION: 8:30 – 12:00

THEME: ONCOLOGY

TIME	TOPIC	SPEAKER	REMARKS
8:30 – 10:00	ONCOLOGY 1	BUSAIDI / SINCLAIR	
8:30 – 8:50	Pelvic Tumours	Pietro Ruggeiri, Italy	
8:50 – 9:10	Mythbusting in Orthopaedic Oncology	Waleed Ebeid, Egypt	
9:10 – 9:30	Prosthetic Reconstruction in MSK Oncology	Pietro Ruggeiri, Italy	
9:30 – 9:45	Role of denosumab in GCT	S. Al Busaidi, Oman	
9:50 – 10:00	DISCUSSION		

10:00 – 10:30	BREAK		
10:30 – 12:30	ONCOLOGY 2	KHAN / RUGGEIRI	
10:30 – 10:45	Management of pathological fractures in children	S. Al Busaidi, Oman	
10:45 – 11:00	Management of pathological fractures in Adults	Waleed Ebeid, Egypt	
11:00 – 11:15	Cystic Bone Tumours in Children	Marc Sinclair, UAE	
11:15 – 11:25	Glomus tumours of the hand	Al Julanda Al Maskari, Oman	
11:25 – 11:35	Tissue Engineered Constructs in Treatment of Massive Bone Defects	S. Al Maskari, Oman	
11:35 – 11:45	PTHR1 is a prognostic indicator in canine osteosarcoma	Awf Al Khan, Oman	
11:45 – 12:00	DISCUSSION		

12:00 – 13:30	LUNCH		
---------------	--------------	--	--

HALL B: AFTERNOON SESSION: 13:30 – 16:00

THEME: ANKLE & FOOT

TIME	TOPIC	SPEAKER	REMARKS
13:30 – 15:00	Ankle & Foot	BALUKI / Rashdi	
13:30 – 13:45	Pilon fractures: treatment options & long term results	Hamed Al Hinai, Oman	
13:45 – 14:00	Ankle fractures in diabetics and elderly	Rahil Muzaffar, Oman	
14:00 – 14:15	Current Concepts in Management of Plantar Fasciitis	Dr Iman Lawati, Oman	
14:15 – 14:30	Ligamentous injuries of the ankle: management & results	Ahmed Al Rashdi, Oman	
14:30 – 14:45	Management of flat foot	Subash Burad, Oman	
14:45 – 15:00	DISCUSSION		
15:00 – 15:30	BREAK		
15:30 – 16:00	VOTE OF THANKS & CLOSING REMARKS		HALL A , B & C

16:00 – 17:00	OSO GENERAL ASSEMBLY & BOARD ELECTIONS		OSO MEMBERS ONLY
----------------------	---	--	-------------------------

HALL C: MORNING SESSION: 8:30 – 12:00

THEME: SPORTS

TIME	TOPIC	SPEAKER	REMARKS
8:30 – 10:00	SPORTS	GHANNAMI / VARGHESE	
8:30 – 8:45	BTB vs Hamstrings ACLR in Omani patients	Masoud Al Riyami, Oman	
8:45 – 9:00	PLC reconstruction: when & how	Jacob Varghese, India	
9:00 – 9:15	Anthropometric measurements to predict hamstring ACL graft size	M. Abdelrahman	
9:15 – 9:30	Early vs late ACL reconstruction	Said Al Kalbani, Oman	
9:30 – 9:45	Rehab program for primary ACL repair	Said Al Ya'arubi, Oman	
9:45 – 10:00	DISCUSSION		
10:00 – 10:30	BREAK		
10:30 – 12:30	SPORTS	RIYAMI / ABDELRAHMAN	
10:30 – 10:45	Management of osteochondral lesions of the talus	Wafa Al Baluki, Oman	
10:45 – 11:00	Why ACLR fails?	S. Al Ghannami, Oman	
11:00 – 11:15	Ultrasound as a Diagnostic and Therapeutic Tool in Orthopaedics	Ahmed Abdelnaiem, Oman	
11:15 – 11:30	Tranexamic Acid use in ACL reconstruction.	M. Abdelrahman, Sudan	
11:30 – 11:45	All Arthroscopic patellar realignment	Raid Abu Taleb, KSA	
11:45 – 12:00	DISCUSSION		

12:00 – 13:30	LUNCH		
----------------------	--------------	--	--

HALL C: AFTERNOON SESSION: 13:30 – 16:00

THEME: MSK INFECTIONS

TIME	TOPIC	SPEAKER	REMARKS
13:30 – 15:00	MSK INFECTIONS	ABDALI / PKA	
13:30 – 13:45	Atypical infections in arthroplasty	Kawther Al Amri, Oman	
13:45 – 14:00	Management of chronic periprosthetic hip joint infection	Per Kjaersgaard-Andersen, Denmark	
14:00 – 14:15	Growth plate infections	Masood Al Abdali, Oman	
14:15 – 14:30	Spinal TB: update on diagnosis & management	Harish Hegde, India	
14:30 – 14:45	Fungal MSK infections	Kawther Al Amri, Oman	
14:45 – 15:00	DISCUSSION		
15:00 – 15:30	BREAK		
15:30 – 16:00	VOTE OF THANKS & CLOSING REMARKS		HALL A , B & C

16:00 – 17:00	OSO GENERAL ASSEMBLY & BOARD ELECTIONS		OSO MEMBERS ONLY
----------------------	---	--	-------------------------